



## Pre-School Daily Programme

### THEMES (Change every 2<sup>nd</sup> week)

My school	Plants	Me and my Body	Communication	Spring and Summer
Farm Animals	Transport	Trees	Sea Animals	Reptiles
Healthy Food	Teeth and Dentist	Homes	Books	Fire
My Family	Safety	Wild Animals	Winter and Autumn	Water
Mt Five Senses	People who help us	Space	My Home	Pets

### Daily Program (All periods and activities indoor and outdoor are under supervision by teachers)

Time	Period	Resources	Explanation
6h30 – 7h30	Arrival and free play		Free play inside – activities learners are familiar with
7h30 – 8h00	Tidy up. Bathroom routine and Breakfast	Plates and spoons	Learners go to the bathroom to wash their hands. Sit at tables for breakfast
8h00 – 8h45	Welcome and Bible story	Bible, register, birthdays, weather for the day	Discussion on the weather for the day and the themes with school announcements
8h45 – 9h15	Numeracy (Mathegenus Activity 1)	Number charts, color charts, stacker blocks, counters cubes etc.	Numeracy with mathematical concepts are explored and solved. Also science experiments (bake and make)
9h15 – 10h00	Free play inside/outside	Scissors, crayons, paint, paintbrushes, paper, books, clay, puzzles, shapes, puppets, blocks, skipping rope, balls etc.	Art activities, creative free drawing, educational games, fantasy play area, blocks play on carpet, book corner etc.
10h00 – 10h30	Tidy up, bathroom routine. Refreshments.	Mugs, lunchbox, glasses	Learners go to the bathroom to wash their hands. Sit at tables with lunchbox.
10h30 – 11h00	Literacy (Activity 2)	Font cards, books, reading books with pictures.	Theme discussion, labeling
11h00 – 11h30	Life Skills (Activity 3)	Cd player, skipping rope, balls, bean bags, class rules etc.	Movement and music. Body and mind.
11h30 – 12h00	Literacy (Activity 4)	Story time. Books, fiction, fantasy etc.	Listen to the story and discuss the story. Bathroom routine.
12h00 – 14h00	Lunch and rest time	Plates, spoons, forks, glasses, mugs, blankets in winter, mattresses etc.	Sit at the table and eat lunch after lunch they go lay down to rest.
14h00 – 17h00	Tidy up, bathroom routine and free play outside		Pack away mattresses and go to the bathroom then go play outside.